

# RESOURCES FOR FIRST GENERATION STUDENTS

Our Go Global Grinnell website is: <https://travel.global.grinnell.edu/>.

Our office is staffed with 5 student advisors that serve as peer advisors and are happy to meet with students regarding all aspects of global engagement.

[Off-Campus Study Timeline](https://travel.global.grinnell.edu/index.cfm?FuseAction=Abroad.ViewLink&Parent_ID=0EC97A6B-5056-BA1F-73717C37DEEEE5A1&Link_ID=1307BAFA-5056-BA21-D73D10FFF58C8100)

Advice on how to talk to your family about studying off-campus and resources you can share with them.

[Preparing for Off-Campus Study](https://travel.global.grinnell.edu/index.cfm?FuseAction=Abroad.ViewLink&Parent_ID=45066F06-5056-BA21-D7B9B49288781A59&Link_ID=7A48125F-5056-BA21-D721708024638E84)

Links to University of Minnesota Learning Abroad Center with excellent resources on packing, buying plane tickets, immigration and customs, airports and technology. There is also a video on cultural adjustment from Grinnell students.

[Resources for International Travel](https://travel.global.grinnell.edu/index.cfm?FuseAction=Abroad.ViewLink&Parent_ID=0&Link_ID=F18A0802-5056-BA1F-73DF93B9FC94AAE3)

Passports & Visas, Wellness (insurance), Identities, Culture & Etiquette & Budgets & Financial Considerations

[Scholarship Resources](https://travel.global.grinnell.edu/index.cfm?FuseAction=Abroad.ViewLink&Parent_ID=1DCED1D0-5056-BA1F-71A81795E4B4EDE3&Link_ID=030EEB4D-5056-BA1F-7131D83DA3D1D13F)

We encourage you to meet with Gretchen Zimmerman in Financial Aid.

[Returning from Off-Campus Study](https://travel.global.grinnell.edu/index.cfm?FuseAction=Abroad.ViewLink&Parent_ID=45066F06-5056-BA21-D7B9B49288781A59&Link_ID=AC111B66-5056-BA21-D72957458005A97D)

Experiences returning to campus vary. There are links to articles about coping and resources.

## International Opportunities at Grinnell College

Off-campus study – typically in your third year or fall of your fourth year for a semester or year

Global Learning Program – first years and a new second year course offered in the spring. The class includes three weeks of travel over spring break and/or the end of the semester in May.

Course-embedded travel – upper level classes offered in the spring with travel during spring break or at the end of the semester in May.

International Internships through CLS. Cape Town and Barcelona opportunities with other Grinnell students.